




October 2020 Elementary Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mozzeralla Sticks with Marinara (S) Fries or Meatsauce and Spaghetti (H) Garlic Roll with Creamed Spinach Chilled Pears (PK) Milk	2 Fajita Chicken Pita (S) or Pepperoni or Cheese Pizza (H) with Shredded Lettuce/Tomato Smile Chilled Peaches (PK) Cake Milk
5 White Grilled Cheese Crinkle or Beef Tips with Gravy Mashed Potatoes Southern Butter Roll with Seasoned Green Beans Chilled Applesauce (PK) Milk	6 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Pears Cinnamon Stick Milk One Line	7 <u>Brunch for Lunch</u> Pancakes Sausage Patty Tator Tots Chilled Strawberries Milk	8 Hamburger on Bun w/wo Cheese Baked Beans Shred Lettuce/Tomato/Pickle(optional) or Fried Catfish White Beans Rice with Mandarin Oranges (PK) Milk	9 Chicken Nuggets Smiles or Meatballs and Spaghetti with Broccoli with Cheese Chilled Peaches (PK) Garlic Roll Brownie Milk
12 Fried Chicken Tenders (S) Baked Beans or Red Beans (H) (Chicken Smackers for PK only) Rice Chicken Smackers/Sausage Links Cornbread with Glazed Carrots Mandarin Oranges (PK) Milk	13 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Pears Cinnamon Roll Milk One Line	14 Bacon Cheeseburger on Bun (S) Shred Lettuce/Tomato/Pickle(optional) or Chicken Fajita Alfredo Pasta (H) Southern Butter Roll Seasoned Green Beans with Chilled Strawberries (PK) Milk Nutrition Day  Asparagus	15 Mini Corn Dogs (S) Shoestring or Chicken Nuggets (H) Baked Macaroni & Cheese Carrot Soufflé with Chilled Pineapples (PK) Milk	16 General Tso Chicken Smackers (S) Smile or Italain Baked Pasta (H) Steamed Broccoli Garlic Roll with Chilled Peaches (PK) Cookie Milk
19 Hamburger on Bun w/wo Cheese (H) Shred Lettuce/Tomato/Pickle(optional) NEW! or Sweet Heat Meatballs (S) Macaroni & Cheese with Baked Beans Chilled Applesauce (PK) Milk	20 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Chilled Peaches Cinnamon Stick Milk One Line	21 Chicken Tenders (S) Spicy Shoestring or Chicken Parmesan Pasta Caesar Salad Garlic Roll with Chilled Strawberries (PK) Milk	22 Pepperoni or Cheese Pizza (S) Crinkle or Loaded Nacho Supreme Bowl (H) Shred Lettuce & Diced Tomato(optional) with Golden Corn Chilled Pears (PK) Milk	23 Chicken Sandwich (S) Shred Lettuce/Tomato/Pickle(optional) or Beef Tips with Gravy Mashed Potatoes with Carrot Soufflé Chilled Pineapples (PK) Rice Krispie Treat
26 Chicken Nuggets (S) Smiles or Jamaican Jerk Grilled Chicken (H) Macaroni & Cheese with Glazed Carrots Chilled Applesauce (PK) Milk	27 Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomato Golden Corn Fresh Fruit Mandarin Oranges Cinnamon Roll Milk One Line	28 Chicken Sandwich on Bun (S) with Baked Beans Shred Lettuce/Tomato/Pickle(optional) or White Beans (H) (Chicken Smackers for PK only) Rice Chicken Smackers/Sausage Links Cornbread with Chilled Strawberries (PK) Milk	29 Mozzeralla Sticks with Marinara (S) Crinkle or Meatsauce and Spaghetti (H) Garlic Roll Creamed Spinach with Chilled Pears (PK) Milk	30 Fajita Chicken Pita (S) or Pepperoni or Cheese Pizza (H) with Shredded Lettuce/Tomato/Pickle Smile Chilled Peaches (PK) Cake Milk 